# Sword in the Scroll Fencing Academy Frequently Asked Questions

# How old does a fencer have to be to start fencing?

We start fencers at 10. A nine-year-old may begin fencing on a probationary period for about 3 classes. This gives us time to determine whether the equipment is appropriate for safe fencing, and if the student will be mature enough to learn and focus on some basic skill in order to keep everyone safe.

# When can I start?

We start beginners all year round. The only condition is that fencers contact us before coming to arrange a start day. We focus our attention on new fencers (often with one-to-one instruction the first time) and this requires preparation.

# What do I need?

Sneakers and gym clothes (preferably long sweatpants or running pants). We will provide equipment temporarily until fencers get settled and feel they will continue to fence.

# When are classes held and how often can I go?

The class schedule is below. Fencers who join at the basic level can attend 2 classes and all open fencing times per week. Full membership has not limits on classes. Many fencers only come once a week.

Tuesday	9:00-10:30 AM	Fencing class w/ bouting
	7:30-9:00 PM	Open Fencing (Adults Only)
Thursday	9:00-10:30 AM	Fencing class w/ bouting
	6:30-7:30 PM	Fencing Class
	7:30-9:00 PM	Open Fencing
Saturday	8:30-9:30 AM	Fencing Class (includes Saber)
	9:30-11:00 AM	Open Fencing

# What would be a good class for me?

Our approach to fencing is unique. Classes are run as group instruction combining all ages and skill levels through individual and paired drills. Fencers are usually paired with fencers of similar size, and often with a more advanced fencer in order to help both learn the skill. Beginners benefit from the advanced students good modeling and better control for safety. Advanced students will learn both from the act of teaching and focusing the skills on fine details and refining their techniques. Most advanced students progress through private lessons and bouting frequently.

Bouting, or open fencing, is run immediately after the group instruction. This allows fencers to try the techniques learned in class against another fencer. Fencers are placed in a pool of fencers of similar skill and age, though one or two advanced students may also join the group to help direct the pool and offer some tips and advice to younger/inexperienced fencers.

# Is fencing safe?

Yes! Statistically, fencing is one of the safest contact sports. Studies show fencers is safer than baseball, soccer, and football. However, make no mistake. Fencing involved contact. Though gear is designed to protect from injury, bruises are common. Fencers are trained to deliver light touches and the weapons are designed to flex considerably when they hit. Still, one cannot fence without hitting or getting hit.

# What does it cost?

Beginners can get 8 classes for \$15 per class (payable in one payment of \$120). After the 8 classes are finished, a fencer may choose several membership packages in order to continue fencing. Membership can be as low as \$54 per month (payable by quarter) for two classes and all open fencing sessions. Private lessons and other payment options are available as well.



#### Youth Winners from Fall 08 Club Tournament

# How do I get started?

Call Drew at 860-268-6774 or email at <u>swordinthescroll@gmail.com</u> to arrange a start date.

